

Not Ordinary Church

Sacred Heart

Allyson Sawtell, 7/19

What breaks your heart? What holds your heart? What heals your heart?

Ancient Israelites had it right –
the heart is not the seat of emotion, but of will.

Love at its best feels really good
Caress of a lover
Puppies crawling all over you
Laughter with friends

But love is first and foremost an act of will – willing the good for another.

What, then, breaks your will? What holds your will?

What heals your will?

What touches your will and gives it power, strength?

Speak softly to your heart gentle words of fierce determination and affirmation and hope.

Hope *in* your heart, your will, your strength.

Hope *in* the hearts of others.

Hope *in* the heart of God – that indescribable force bending towards justice and connectedness.

Join in, link up.

Don't be party to heartbreak.

You will participate in grief, but do not participate in the breaking of another's will.

Sacred heart – holiness in what it *could* choose – connectedness and integrity: love.

Even as tattered heart, wounded heart, but not isolated heart.

What breaks your heart?

What holds your heart?

What heals your heart?

